

# Cara Loftus

## CURRENT

### **Cooper & Fry S2**

Writing one 2-hour episode for Clapperboard Studios.

### **Hidden Assets S4**

Co-Leading Story Rooms with Story Producer Vicky Owens and writing one episode of fourth series for Saffron Moon/RTE.

### **Untitled**

Co-created original series. In development.

### **Short Term Lease**

Bible and Pilot Script for Homebird Productions. Co-Writing with Eoin Duffy.

### **Harmony**

Feature film in development with Tailored Films.

### **Untitled Historical Biopic**

Feature film in development with MK1 Productions.

### **Untitled**

Pilot and series bible commissioned by Pipedream Productions.

## FILM

### **Spilt Milk**

Debut Feature Film for 925 Productions and Vico Films. Writer & Executive Producer.

*Awarded Mubi 'Audience Award' at the Glasgow Film Festival 2025.*

*Cara awarded Dublin International Film Festival Discovery Award.*

*Nominated for four awards at the 2025 IFTA's including Best Script and Best Film.*

*Cinematic release in Ireland in March 2026.*

## TELEVISION

### **Hardacres S2**

Episodes 1 and 5 of period drama written for Playground Entertainment/Paramount/C5.

### **These Sacred Vows**

Writers Room for Series Created and Written by John Butler. Playground Entertainment/RTE.

### **Kill Notice**

Pilot script written for the BBC Scripted programme.

### **Hidden Assets S3**

Episode 3 of crime drama written for Saffron Moon Ltd/RTE.  
*Nominated at the 2026 IFTA's in the Script – Drama category.*

### **Honestly**

Pilot script written for original series.

### **The Puck Around**

Pilot script and Mini Bible for Deadpan Pictures. Co-Creator and Co-Writer (with John Morton).

### **TRAINING & DEVELOPMENT**

**2023/24:** BBC Scripted participant

**2024:** X-Pollinator Scheme participant

2024: Puttnam Scholars Programme participant

**2023:** Series Accelerator with Screen Ireland & MediaXchange

**2022:** Screen Ireland's Screen Mentoring Programme with Ailbhe Keogan (Dec '22 - Dec '23)

**2022:** The Drug of the Show with Victor Levin (via MediaXchange)

**2021:** Storytelling Workshop with John Yorke (via MediaXchange)

**2020:** Production Management Course with Paul Sarony (via Netflix Training)

**2020:** Movie Magic Budgeting & Scheduling with Steve Clarke Hall (via Netflix Training)

**2018:** New Writers Development Scheme (via Screen Ireland)

**2017:** Script Writing for Television & Film Short Course (via NFTS)

### **AWARDS / PRESS**

**2025:** Awarded Dublin International Film Festival Discovery Award recognising new and emerging talent in filmmaking

**2025:** *'Spilt Milk'* awarded Mubi 'Audience Award' at the Glasgow Film Festival 2025

**2025:** *'Spilt Milk'* nominated for 4 Irish Film & Television Awards including 'Best Film' and 'Best Script (Film)'

**2024:** Selected for Element Pictures Storyhouse Lab

**2024:** Listed in the Irish Times: *'50 people to watch in 2024'*

<https://www.irishtimes.com/life-style/people/2024/01/06/50-people-to-watch-in-2024-from-film-and-music-to-arts-activism-and-more/>

**2023:** Selected for Stowe Story Labs Connemara Retreat for spec series *'The Ghost of Redmond's Hall'*

**2022:** A Stowe Story Labs Writing Retreat Finalist for series *'Honestly'*

**2018:** Awarded Screen Ireland's 'New Writing Development Scheme' Loan for feature film *'Spilt Milk'*

**2013:** Received the 'Radio and Television Award' for Highest Achieving Student, presented by NUI Maynooth

### **EDUCATION**

**NUI MAYNOOTH** 2012 – 2013: Masters in Radio and Television Production, 1.1

**UNIVERSITY COLLEGE DUBLIN** 2009 – 2012: Bachelor of Arts Degree: English & Classics