Cara Loftus

CURRENT

Cooper & Fry S2
Writing one 2-hour episode for Clapperboard Studios.

Hidden Assets S4
Co-Leading Story Rooms with Story Producer Vicky Owens and writing one episode of fourth series for Saffron Moon/RTE.

Untitled
Co-created original series. In development.

Short Term Lease
Bible and Pilot Script for Homebird Productions. Co-Writing with Eoin Duffy.

Harmony
Feature film in development with Tailored Films.

Untitled Historical Biopic
Feature film in development with MK1 Productions.

Untitled
Pilot and series bible commissioned by Pipedream Productions.

Untitled
Pitch document commissioned by Conker Pictures.

FILM

Spilt Milk
Debut Feature Film for 925 Productions and Vico Films. Writer & Executive Producer.
Awarded Mubi 'Audience Award' at the Glasgow Film Festival 2025.
Cara awarded Dublin International Film Festival Discovery Award.
Nominated for four awards at the 2025 IFTA's including Best Script and Best Film.
Cinematic release in Ireland in March 2026.

TELEVISION

Hardacres S2
Episodes 1 and 5 of period drama written for Playground Entertainment/Paramount/C5.

These Sacred Vows
Writers Room for Series Created and Written by John Butler. Playground Entertainment/RTE.

Kill Notice
Pilot script written for the BBC Scripted programme.

Hidden Assets S3
Episode 3 of crime drama written for Saffron Moon Ltd/RTE.
Nominated at the 2026 IFTA's in the Script – Drama category.

Honestly
Pilot script written for original series.

The Puck Around
Pilot script and Mini Bible for Deadpan Pictures. Co-Creator and Co-Writer (with John Morton).

TRAINING & DEVELOPMENT

2023/24: BBC Scripted participant
2024: X-Pollinator Scheme participant
2024: Puttnam Scholars Programme participant
2023: Series Accelerator with Screen Ireland & MediaXchange
2022: Screen Ireland's Screen Mentoring Programme with Ailbhe Keogan (Dec '22 - Dec '23)
2022: The Drug of the Show with Victor Levin (via MediaXchange)
2021: Storytelling Workshop with John Yorke (via MediaXchange)
2020: Production Management Course with Paul Sarony (via Netflix Training)
2020: Movie Magic Budgeting & Scheduling with Steve Clarke Hall (via Netflix Training)
2018: New Writers Development Scheme (via Screen Ireland)
2017: Script Writing for Television & Film Short Course (via NFTS)

AWARDS / PRESS

2026: '*Hidden Assets*' episode nominated for Irish Film & Television Award in 'Script – Drama' category.
2025: Awarded Dublin International Film Festival Discovery Award recognising new and emerging talent in filmmaking
2025: *'Spilt Milk'* awarded Mubi 'Audience Award' at the Glasgow Film Festival 2025
2025: *'Spilt Milk'* nominated for 4 Irish Film & Television Awards including 'Best Film' and' Best Script (Film)'
2024: Selected for Element Pictures Storyhouse Lab
2024: Listed in the Irish Times: '*50 people to watch in 2024'* https://www.irishtimes.com/life-style/people/2024/01/06/50-people-to-watch-in-2024-from-film-and-music-to-arts-activism-and-more/
2023: Selected for Stowe Story Labs Connemara Retreat for spec series *'The Ghost of Redmond's Hall'*
2022: A Stowe Story Labs Writing Retreat Finalist for series *'Honestly'*
2018: Awarded Screen Irelands 'New Writing Development Scheme' Loan for feature film *'Spilt Milk'*

2013: Received the 'Radio and Television Award' for Highest Achieving Student, presented by NUI Maynooth

EDUCATION

NUI MAYNOOTH 2012 – 2013: Masters in Radio and Television Production, 1.1

UNIVERSITY COLLEGE DUBLIN 2009 – 2012: Bachelor of Arts Degree: English & Classics

Cara is represented by FRANCES ARNOLD

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